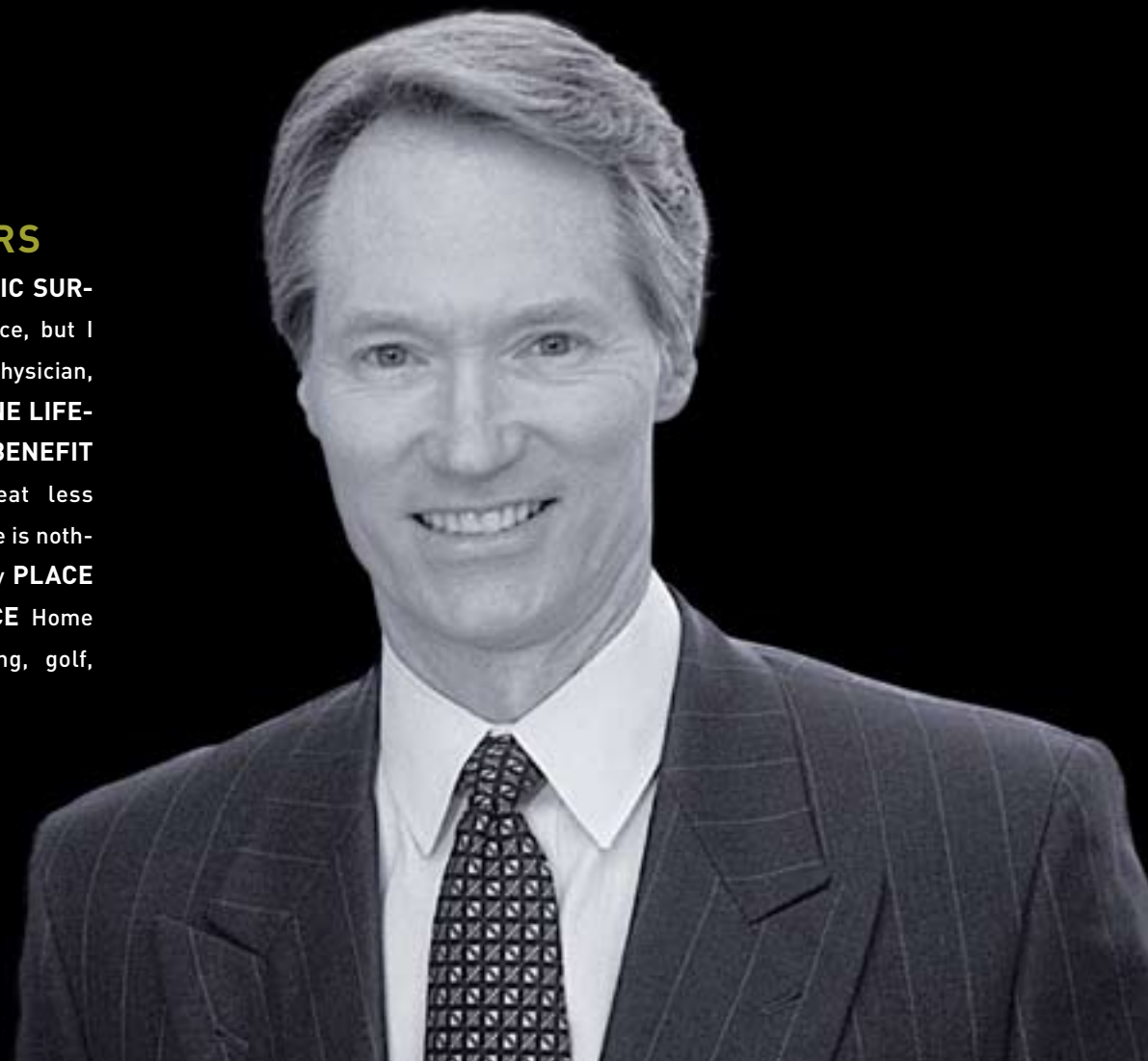


DR. GEORGE SANDERS

WHY DID YOU BECOME A PLASTIC SURGEON

I have always enjoyed science, but I also want to work with people. As a physician, I have a chance to do both **WHAT ONE LIFESTYLE CHANGE COULD MOST BENEFIT OUR HEALTH** Exercise more, eat less **ALTERNATIVE OCCUPATION** There is nothing I like better than plastic surgery **PLACE YOU GO TO ESCAPE THE OFFICE** Home **HOBBIES** Horseback riding, skiing, golf, travel, church activities



INNOVATIVE TECHNIQUES

Dr. Sanders believes in employing techniques that help to **REDUCE POSTOPERATIVE** discomfort while still delivering results that turn back the clock. When performing breast augmentations, for example, he incorporates what he calls "an 80-20 approach, putting the implant under the muscle in the upper 80 percent of the breast, but not the lower 20." "This technique decreases postoperative pain to a minor pressure after surgery and yields a very natural-looking result," he says. Similarly, when rejuvenating faces, Dr. Sanders believes that sometimes a less-is-more approach may be in a patient's best interest. "Many people want to achieve facial rejuvenation but they want to do so without undergoing a traditional operation," he says. "When appropriate, we can utilize a host of lasers and injectables to **RESTORE YOUTH, WITHOUT A SINGLE INCISION**. However, when aging symptoms are more pronounced, sometimes additional intervention is needed." In this case, Dr. Sanders may recommend a modified facelift procedure known as a **QUICKLIFT**. "Patients who present with loss of elasticity, sagging necklines and jowling, but aren't quite ready for a full facelift, may be a proper candidate," he says. "I make a **HIDDEN INCISION ALONG THE HAIRLINE**, behind the ear, tightening each layer of connective tissue below the skin. The result is very natural-looking and only requires a few days of downtime."

INSIDE INFORMATION

a human touch

"As a medical student I was fascinated with psychiatry, particularly the concept of self-image," explains Dr. George Sanders. "Plastic surgery allows one to alter self-image, but in a matter of hours instead of the years often required by psychiatry," he says.

In his cosmetic surgery practice, Dr. Sanders is dedicated to enhancing the human form, yet he and his staff never lose sight of the human spirit, creating a sensitive and nurturing environment for every patient. "I've found, in my 23 years of experience, that the best approach is one that integrates the diligent pursuit of surgical excellence with understanding, sensitivity and kindness," he says. "While there is no substitute for precise handling of the tissues and manual dexterity during surgery, I believe that a doctor must also have a true desire to serve his patients."

Dr. Sanders stresses the importance of making sure his patients feel comfortable and at-ease, letting individual goals and expectations drive his consultations and treatment plans. After listening carefully and discussing all available options, the board-certified plastic surgeon uses state-of-the-art imaging as a visual tool to show patients what he can accomplish. Repeat one-on-one consultations and reviewing before-and-after photographs further help him convey possible results so patients can better understand the proposed treatment plan. Surgical procedures—from liposuction and breast augmentation to breast lifts and tummy tucks—are performed at the Encino Surgicenter, a state-of-the-art, Medicare- and AAAASF-approved freestanding center, located adjacent to Dr. Sander's office. "Outfitted with the safeguards of hospital settings, the surgical center promotes safety, comfort and privacy, hallmarks of an enjoyable patient experience."

BOARD CERTIFICATION

American Board of Plastic Surgery

MEDICAL SCHOOL

Harvard Medical School

SURGERY RESIDENCY

University of California, Los Angeles

GENERAL SURGERY RESIDENCY

Cedars-Sinai Medical Center of Los Angeles

PLASTIC SURGERY FELLOWSHIP

University of California, Los Angeles

AFFILIATIONS

American Society of Plastic Surgeons
American Society for Aesthetic Plastic Surgery
California Society of Plastic Surgeons

PROCEDURES PERFORMED

QuickLift™/Facelift and Other Facial Cosmetic Procedures
Breast Augmentation/Cosmetic Breast Surgery
Endoscopic Facial Surgery
Rapid Recovery Facial Laser Treatments/Injectables
Tummy Tuck and Liposuction

LOCATION

Encino, California
818.981.3333

WEB SITE

www.DrSanders.com

"A QuickLift may be able to give you the look that you had some 10 or 15 years ago."

—GEORGE H. SANDERS, MD