

## Dr. George Sanders

Encino, California

### ASK DR. SANDERS

#### HOW WOULD YOU DESCRIBE YOUR APPROACH TO PATIENT CARE?

I've found, in my 24 years of experience, that the best approach is one that integrates the diligent pursuit of surgical excellence with understanding, sensitivity and kindness.

#### WHAT DOES A CONSULTATION WITH YOU ENTAIL?

After listening carefully and discussing all available options, I use modern imaging techniques as a visual tool to show patients what we can accomplish. Repeat one-on-one visits and reviewing before-and-after photos are also part of the experience.

#### WHERE DO YOU PERFORM SURGICAL PROCEDURES?

Surgical procedures are performed at the Encino Surgicenter, a state-of-the-art, Medicare- and AAAASF-approved freestanding center, located adjacent to my office.

### Innovative techniques

Dr. Sanders is very excited to introduce breast-augmentation imaging into his practice. "We use computer software so patients can see what a given breast implant would look like," says Dr. Sanders, who also uses imaging technology for patients desiring rhinoplasty. A proponent of remaining on the leading-edge, Dr. Sanders delivers results that turn back the clock, with protocols that help reduce post-surgical discomfort. "I usually avoid drains during tummy tucks, favoring pain pumps to keep patients comfortable." Similarly, when rejuvenating faces, Dr. Sanders believes that a less-is-more approach may be in a patient's best interest. "When appropriate, we can utilize lasers and injectables to restore youth." However, when aging symptoms are more pronounced, a lift may be needed. In this case, Dr. Sanders may recommend a modified facelift procedure known as a MACS-Lift. "Patients with loss of elasticity, sagging necklines and jowling, but who aren't ready for a full facelift, may be proper candidates."

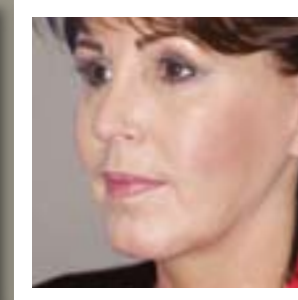


### CASE STUDY

BEFORE



AFTER



### MACS-LIFT SURGERY

To help this 62-year-old patient tighten slack skin in the lower third of her face, Dr. Sanders combined multiple procedures, performing a chin tuck and augmentation, coupled with a MACS-Lift—a facelift technique that helps tighten skin in the lower face and neck region by suspending underlying tissues. "Both the patient and I are very pleased with the result. She looks younger, with improved skin elasticity."

“a MACS-Lift can take 10 years off your appearance”

“AS A MEDICAL STUDENT I WAS FASCINATED WITH PSYCHIATRY, PARTICULARLY THE CONCEPT OF SELF-IMAGE,” EXPLAINS DR. GEORGE SANDERS. “PLASTIC SURGERY ALLOWS ONE TO ALTER SELF-IMAGE, BUT IN A MATTER OF HOURS INSTEAD OF THE YEARS OFTEN REQUIRED BY PSYCHIATRY,” HE SAYS. IN HIS COSMETIC SURGERY PRACTICE, DR. SANDERS IS DEDICATED TO ENHANCING THE HUMAN FORM, YET HE AND HIS STAFF NEVER LOSE SIGHT OF THE HUMAN SPIRIT, CREATING A SENSITIVE AND NURTURING ENVIRONMENT FOR EVERY PATIENT.

### MEET THE EXPERT

## Dr. George Sanders

American Board of Plastic Surgery

#### PROCEDURES PERFORMED

MACS-Lift/Facelift and Other Facial Cosmetic Procedures  
Breast Augmentation/  
Cosmetic Breast Surgery  
Endoscopic Facial Surgery  
Rapid Recovery Facial Laser  
Treatments/Injectables  
Tummy Tuck and Liposuction

#### ABOUT DR. SANDERS

##### WHY DID YOU BECOME A PLASTIC SURGEON?

I have always enjoyed science, but I also wanted to work with people. As a physician, I have a chance to do both.

##### WHAT ALTERNATIVE OCCUPATION WOULD YOU CHOOSE?

There is nothing I like better than plastic surgery.

##### DO YOU HAVE ANY HOBBIES?

I particularly like horseback riding, skiing, golf, travel and church activities.


##### WHAT QUALITIES, IN YOUR OPINION, DISTINGUISH A DOCTOR?

While there is no substitute for precise handling of the tissues and manual dexterity during surgery, I believe that a doctor must also have a true desire to serve his or her patients.

**MEDICAL DEGREE**  
Harvard Medical School

**LOCATION**  
Encino, California

**CONTACT**  
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 To learn more about the practice visit [DrSanders.com](http://DrSanders.com)